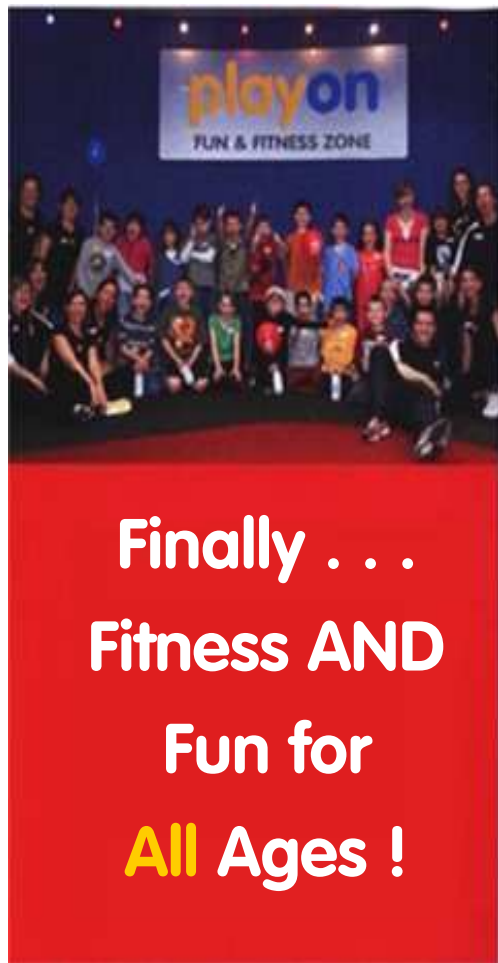


Sessions in our Game Gym, Tech Turf and DDR Zone are designed to make Fitness Fun !

- ◆ Ages 5 - 100
- ◆ See website for Sessions Dates & Times
- ◆ Registration Form is available online
- ◆ Call to schedule Parties, Family Night, Groups, Corporate Events & Fundraisers
- ◆ School Holiday Activities
- ◆ One-on-one Training
- ◆ Group Conditioning
- ◆ Sports Conditioning

**Be Fit.
Have Fun.
playon**

Our Mission is to provide a fun, professionally supervised interactive fitness environment where kids (age 5+) and adults can develop physical and mental skills.



- ◆ Kids Classes
- ◆ Open Play
- ◆ Birthday Parties
- ◆ Conditioning
- ◆ Team Skills
- ◆ Group Outings

**484-681-4083
playonfitness.com
431 West Valley Forge Road
King of Prussia PA 19406**



FEATURING :

Game Gym

Sport Wall
Fit Wall
Tread Wall Climber

Tech Turf

3 Kick
Trazer - Avatar Games
Reaction Training

DDR Zone

Virtual Dance Pods



Can Increase:
Energy
Strength
Endurance
Balance
Flexibility
Motor Skills
Coordination
Self Esteem

Whether you are looking to join a class session or just come in to enjoy the Open Circuit; **playon** has something for everyone, no matter what your fitness level!



PlayOn provides everything you need to engage in an active & healthy lifestyle .



More ways to play at PlayOn!

PlayOn Parties have it all; you bring the camera and we'll supply the fun!

Birthday Parties

What better way to celebrate your special day? Have a PlayOn party and make your body feel better. From 6 years to 60+ years, invite your family and friends and test your skills on our interactive equipment and then enjoy private time in our party area with food!

Family Night Out

Mom, Dad and Kids...Enjoy an active Saturday night with games, fitness, fun and food! Call for reservations.

Group Events

Book your fun fitness field trip at PlayOn! From corporate team building to a nutritional based learning experience, we are happy to customize a day that is right for your group. Reservations required.